



# New Deer School Recovery Curriculum



## Aims

Our recovery curriculum aims to restore the mental health and rebuild the resilience of our pupils to allow them to become successful learners again by:



Recognising the experiences had by all



Restoring trust and relationships with staff



Re-establishing friendships and social interactions



Regaining structure and routine



Rebuilding a sense of community



Regulating their emotions and managing behaviours



Re-engaging them in learning



Supporting transitions

## Curriculum

Our recovery curriculum will focus on...



Health and wellbeing



Opportunities for outdoor learning



Short literacy and numeracy sessions



Sustainability



Expressive arts



Focus on skills for learning

## Blended Learning



Classroom learning



Home learning

This will be the focus of our main curriculum upon our return to school. For most pupils, this approach will meet the aims we have set out, although their journeys will happen over different time frames. From the activities planned, staff will be able to identify those who need more support in their recovery which will lead to a personalised response.

*Those 5 losses, of routine, structure, friendship, opportunity and freedom, can trigger the emergence emotionally of anxiety, trauma and bereavement in any child. The overall impact cannot be underestimated. It will cause a rapid erosion of the mental health state in our children. .” (Barry Carpenter & Matthew Carpenter 2020)*

